


# Arkansas United Soccer Club

## Quick Guide - Spring Programming Options

Registration Closes January 31st

	Little Rockers / Kickers / Wildcats	In-House Recreational	CASA Recreational	Academy	TOPS	
<b>Ages / Birth Year</b>	2015 / 2014	2014 / 2013 / 2012 / 2011	2010 / 2009 / 2008 / 2007 / 2006 / 2005 / 2004 / 2003	2010 / 2009	2015 / 2014 / 2013 / 2012 / 2011 / 2010 / 2009 / 2008 / 2007 / 2006 / 2005 / 2004 / 2003	
<b>Season Length</b>	6 Weeks Starts Mar. 25th	8 Weeks Starts Mar. 4th	8 Weeks Starts Feb. 25th	12 Weeks Starts Feb. 4th	8 Weeks Starts Mar. 4th	
<b>Player Attributes</b>	Introduction to the beautiful game through fun interactive games	Player enjoys soccer and playing with their friends in a fun and social environment	Player loves soccer and enjoys training and playing matches with teammates	Player has passion for soccer and thrives in a structured/ disciplined environment	Provides meaningful learning and development opportunities for athletes with special needs through the game of soccer	
<b>Coaches</b>	Licensed Staff Coach / Player Volunteers	Parent Volunteer	Parent Volunteer	Licensed Staff Coach	Licensed Coaches / Staff / Volunteers	
<b>Practice</b>	1 x per week	1 x per week with optional skills sessions	1 to 2 x per week with optional skill sessions Depends on Birth Year	3 x per week	1 x per week	
<b>League Play</b>		In-House League Play	Central Arkansas Recreational League	Arkansas United Academy League		
<b>Playing Format</b>	Introduction to Small Sided Games	4 v 4	7 v 7 / 9 v 9 / 11 v 11 Depends on Birth Year	7 v 7		
<b>Team Size</b>		Max. of 8	Max. of 14 / 18 / 22 Depends on Birth Year	Max. of 14		
<b>Goalkeeper Training</b>			Introductory Opportunities / Included 1x per week Depends on Birth Year	Included 1x per week		